# The infant feeding & nutrition support gap



A UK SURVEY OF 506 PARENTS WITH A CHILD UNDER THE AGE OF ONE REVEALED LOW LEVELS OF SUPPORT FROM THEIR HEALTH CARE PROFESSIONALS



## 1 **OUT OF 4**

PARENTS SAID THEY DID NOT RECEIVE ADEQUATE SUPPORT FROM THEIR HCPS IN ANY AREA OF INFANT FEEDING\*

### "I CURRENTLY RECEIVE ADEQUATE SUPPORT FOR ..."

8%

differences between available formulas 15%

breast feeding initiation

19%

breast feeding maintenance



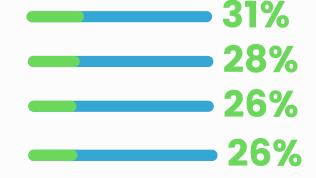
### "I WOULD LIKE MORE SUPPORT WITH ...."

food allergies

weaning

colic, regurgitation, constipation

differences between available formulas



"There is a lot less support now. There used to be drop-in clinics and more face-to-face time to ask and talk to professionals.... You feel bad about asking them stuff that doesn't seem that urgent, but actually would be really useful to ask." - A parent



### References

ONLINE SURVEY CONDUCTED BY CENSUSWIDE,
FOR THE INFANT AND TODDLER FORUM, 18 NOVEMBER - 2 DECEMBER 2022

\*Topics covered: Breast feeding maintenance, Differences between available formulas, Combination feeding, Weaning, Functional gastrointestinal disorders (e.g. Colic, regurgitation, constipation), Food allergies, Breast feeding initiation, Formula feed preparation, Responsive feeding, Expressing milk, Formula feeding



# The infant feeding & nutrition confidence gap



## WHO TOOK PART: 152 HEALTH CARE PROFESSIONALS (HCPS) PRACTICING CURRENTLY IN THE UK



#### **HOW HCPS STAY INFORMED:**

VOCATIONAL TRAINING: 43%

INFANT FEEDING WEBSITES: 41%

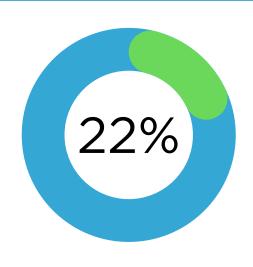
INFORMATION FROM COLLEAGUES: 41%





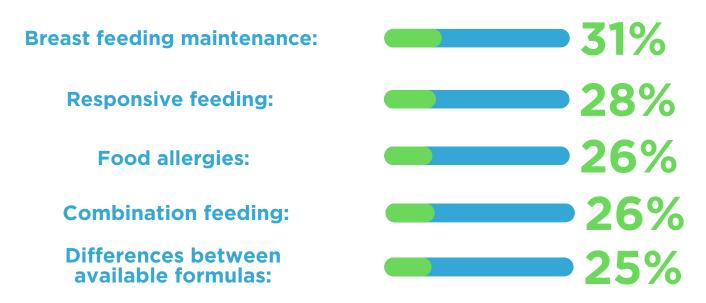
### **4 OUT OF 10**

HCPS COULD NOT ACCESS TRAINING
THEY WERE LOOKING FOR THROUGH
THEIR OWN ORGANISATION



HCPs not very confident or not confident at all providing support & information across key areas of infant nutrition\* to parents

### "I WOULD LIKE MORE UP TO DATE TRAINING IN ...."



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